



Snow Blowers

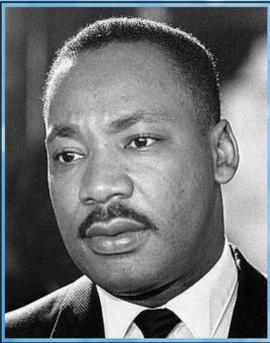


DO IT FOR YOU, TOO.

Volunteering isn't just good for those who might need your help -- it's good for you, too. Serving as a volunteer has been shown to improve self-confidence, teach job skills, combat depression, and increase physical activity among volunteers of all ages. That's a wellness win-win!



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!



Martin Luther King, Jr.'s Birthday is commemorated this year on Monday, January 19

Tuesday, January 20

Lunch
-Cheese Pizza
-Hamburger on Bun
-Italian Salad & Bosco Stick*
-PBJ Sandwich
Sweet Corn
Chilled Applesauce
Cold Milk

Wednesday, January 21

Lunch
-Chicken & Waffles
-Toasted Cheese Sandwich
-Chef Salad & Bosco Stick
-PBJ Sandwich
Candied Sweet Potatoes
Craisins
Cold Milk

Thursday, January 22

Lunch
-Mini Corn Dogs
-BBQ Grilled Chicken Sandwich
-Italian Salad & Bosco Stick*
-PBJ Sandwich
Tator Tots
Frozen Juice Cup
Cold Milk

Friday, January 23

Lunch
-Toasted Ravioli & Bosco Stick
-Turkey & Cheese Wrap
-Chef Salad & Bosco Stick
-PBJ Sandwich
Steamed Broccoli
Fresh Apple
Cold Milk



Monday, January 26

Lunch
-Sausage, Egg & Cheese Croissant*
-Sloppy Joe Sandwich
-Popcorn Chicken Salad & Bosco Stick
-PBJ Sandwich
Green Beans
Chilled Pears
Cold Milk

Tuesday, January 27

Catholic Schools Week
Family Lunch

Wednesday, January 28

Lunch
-Snowman Pretzel, Popcorn Chicken & Queso
-Sub Sandwich
-Chef Salad & Bosco Stick
-PBJ Sandwich
Seasoned Carrots
Chilled Peaches
Cold Milk

Thursday, January 29

Lunch
-Orange Chicken & Fried Rice
-BBQ Ribette Sandwich*
-Italian Salad & Bosco Stick*
-PBJ Sandwich
Steamed Broccoli
Chilled Pineapple
Fortune Cookie
Cold Milk

Friday, January 30

No Lunch
Early Dismissal

